



## CASE STUDY: SERENDIPITY CREATIVE WRITERS

NAME OF FUNDER: WELL CONNECTED



# SERENDIPITY CREATIVE WRITING GROUPS

### SUMMARY OF PROJECT:

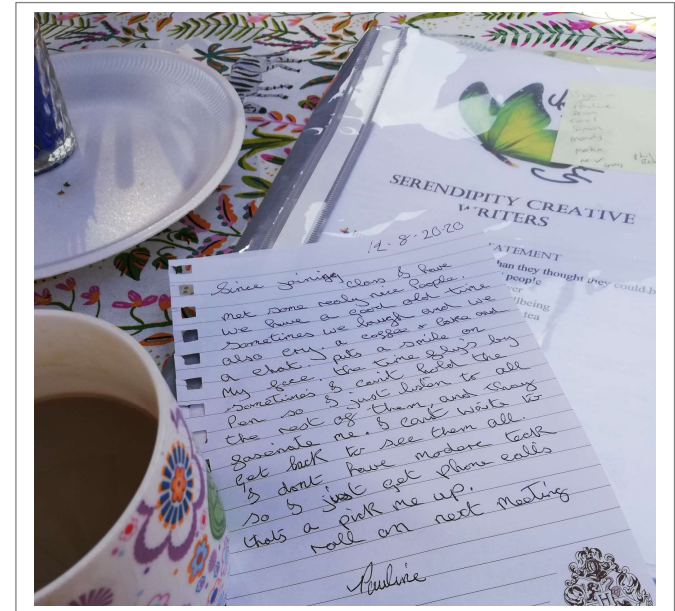
Serendipity Creative Writing Group held creative writing workshops at Cloggs' Café in Dewsbury. Topical and seasonal exercises helped people write freely, however and whatever they wanted, and discuss their writing with others.

### WHO WAS INVOLVED?

Serendipity held 12 weekly sessions.

12 people attended and were supported by 4 volunteers.

**Well Connected is a TSL programme funded by Thriving Communities, in partnership with North Kirklees community anchors and community groups.**



## WHAT WE HAVE ACHIEVED

1. Whilst no emphasis is given to grammar during the sessions, social and writing skills are beneficial for everyday life and, as the whole ethos of the sessions is to release inner creativity, the “freedom” this brings can prove to be a cathartic experience.
2. The sessions offered the opportunity to make social connections and create friendships thus reducing the feeling of isolation and loneliness.
3. Finding value in the works/stories of others does help to deal with the issues an individual may be experiencing and which they might otherwise neglect.
4. By the creation of new friendships, individuals gain the confidence to attend other community activity as a group when they may not wish to attend on their own.

## FEEDBACK – SERVICE USERS

I truly enjoy the group. I’ve always been a confident person and over the last few years my health deteriorating hasn’t done much to keep me as positive. You are extremely good at bringing the best out in people. Although this Covid has knocked us all for six. Your group has a 10+ from me.

## FEEDBACK – VOLUNTEERS

“The impact our groups have on individual members is extremely positive, often life changing, sometimes life- saving”

“Social connections and friendships are made in our groups. Social and writing skills are beneficial for everyday life.”

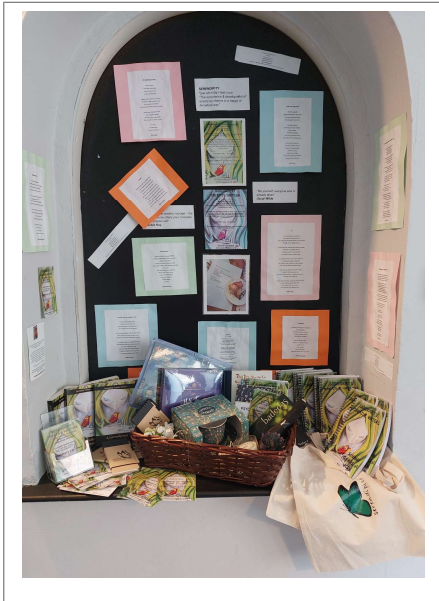
“We always where possible, encourage people to be involved with other groups that can help their personal situation”

**Thriving  
Communities  
funding helped  
TSL produce a  
programme of  
enjoyable and  
easy to join  
activity sessions,  
supporting  
people to  
connect with  
others and  
introducing  
them to  
community  
activity**



## NEXT STEPS FOR PARTICIPANTS

1. Continue to write creatively as an aid to mental wellbeing
2. Get involved with other activities that can help personal situations
3. Consider volunteering though Serendipity



**SERENDIPITY  
CREATIVE WRITERS**

**"WELL-BEING THROUGH  
MINDFULNESS & CREATIVE  
WRITING"**

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## Creating partnerships to increase opportunities.

Third Sector Leaders Kirklees took an asset-based approach to community-centred health and wellbeing. We supported established organisations to create new offers and activities for marginalised people. These included online social support, growing projects, learning and cultural exchange.

Supported by the Thriving Communities Fund, made possible thanks to



Opening doors, connecting people, supporting you

